

DIRECTA PREVENTIVE



ProphyCare®

The Complete Solution for Professional Prophylaxis

ProphyCare by Directa is one of the most recognized and trusted prophylaxis paste brands worldwide. Designed with the needs of dental professionals in mind, ProphyCare offers a comprehensive range of pastes to support every step of your polishing procedure — from effective plaque and stain removal to smooth, final polishing.

Choosing the right paste begins with clinical evaluation: consider the degree of discoloration, presence of exposed dentin or cementum, aesthetic restorations, areas of demineralisation, and more. ProphyCare simplifies this process with a colour-coded system and a wide range of grits — from coarse to extra-fine — enabling precise selection based on clinical needs.

For optimal results, multiple pastes are often recommended: begin with a more abrasive option (e.g., Blue or Green) and finish with a gentler formula (e.g., Red or Yellow) for enhanced polishing.

ProphyCare’s mild mint taste and appealing texture is pleasant for patients of all ages. It does not splatter, liquify or separate and is easy to rinse-off.

- **ProphyCare Blue 250** and **ProphyCare Green 170** are pumice-based pastes, specially formulated for the removal of plaque, calculus, and stubborn stains from sources like coffee, tea, and tobacco.
- **ProphyCare Red 120** and **ProphyCare Yellow 40** are finer, hydrated silica-based pastes, ideal for gentle cleaning, final polishing, and use on sensitive surfaces such as implants, porcelain crowns, and composite restorations.
- **ProphyCare PRO** and **ProphyCare HAp** are innovative one-step prophylaxis pastes developed to simplify your workflow. Each paste starts with high abrasiveness to effectively remove plaque and surface stains, then gradually becomes less abrasive, leaving a smooth, polished finish. This dual-action formula delivers a complete cleaning and polishing treatment in a single application. Just one product, one step, and you’re done.



Selection Guide

	Blue 250	Green 170	Red 120	Yellow 40
Starter	●	●		
Very discoloured surfaces	●			
Thick plaque	●	●		
Discoloured teeth		●		
Small amounts of plaque			●	
Root surfaces			●	
Slightly discoloured teeth			●	
Fillings				●
Pediatric				●
Cervical toothbrush abrasion lesions				●
Implants			●	●
Final polishing			●	●
After air polishing treatment			●	●

“The perfect starter, effective removal of stubborn stains”

For discoloured surfaces and thick layers of plaque



ProphyCare® Blue 250
Paraben free

Coarse, Abrasive agent: pumice
Contains 0.1% fluoride

Prod No	Product Description
731116	ProphyCare Blue 250 Paraben free, 125 micron, tube, 96 g 60 ml
690103	ProphyCare Blue 250 Paraben free, Single dose, 144x 2 g

“Less abrasive, but still effective”

For thick layers of plaque and discoloured surfaces



ProphyCare® Green 170
Paraben free

Medium Coarse, Abrasive agent: pumice
Contains 0.1% fluoride

Prod No	Product Description
731119	ProphyCare Green 170 Paraben free, 70 micron, tube, 97 g 60 ml
690102	ProphyCare Green 170 Paraben free, Single dose, 144x 2 g

“Gentle cleaning, tissue friendly stain remover”

For small amounts of plaque, root surfaces and lightly discoloured teeth



ProphyCare® Red 120
Paraben free

Fine, Abrasive agent: silica
Contains 0,% fluoride

Prod No	Product Description
731115	ProphyCare Red 120 Paraben free, 20 micron, tube, 84 g 60 ml
690101	ProphyCare Red 120 Paraben free, Single dose, 144x 2 g

“Ideal for final polishing”

For final polishing of teeth and fillings



ProphyCare® Yellow 40
Paraben free

Extra Fine, Abrasive agent: silica
Contains 0.1% fluoride

Prod No	Product Description
731118	ProphyCare Yellow 40 Paraben free, 2 micron, tube, 84 g 60 ml
690100	ProphyCare Yellow 40 Paraben free, Single dose, 144x 2 g

ProphyCare® Blue 250



The perfect starter, effective removal of stubborn stains

For discoloured surfaces and thick layers of plaque. Contains 0.1% fluoride

Prod No	Product Description
731113	ProphyCare Blue 250, 125 micron, tube, 96 g 60 ml
690123	ProphyCare Blue 250, Single dose, 144x 2 g

ProphyCare® Green 170



Less abrasive, but still effective

For thick layers of plaque and discoloured surfaces. Contains 0.1% fluoride

Prod No	Product Description
731114	ProphyCare Green 170, 70 micron, tube, 97 g 60 ml
690122	ProphyCare Green 170, Single dose, 144x 2 g

ProphyCare® Red 120



Gentle cleaning, tissue friendly stain remover

For small amounts of plaque, root surfaces and lightly discoloured teeth. Contains 0.1% fluoride

Prod No	Product Description
731112	ProphyCare Red 120, 20 micron, tube, 84 g 60 ml
690121	ProphyCare Red 120, Single dose, 144x 2 g

ProphyCare® Yellow 40



Ideal for final polishing

For final polishing of teeth and fillings. Contains 0.1% fluoride

Prod No	Product Description
731111	ProphyCare Yellow 40, 2 micron, tube, 84 g 60 ml
690120	ProphyCare Yellow 40, Single dose, 144x 2 g

FixyDap
Hygienic cup, simple handling

FixyDap is a versatile, dispensable single-use cup designed for use with ProphyCare prophylactic paste, supporting efficient and hygienic workflows. Its self-adhesive base sticks securely to gloves, instrument trays, or other surfaces—keeping the paste easily accessible during procedures. FixyDap helps reduce the risk of cross-contamination, offering a convenient and hygienic alternative for daily use.

Prod No	Product Description
411484	FixyDap, 250 pcs



ProphyCare® ProphyCup
Optimal cleaning, superior paste holding

The soft and flexible ProphyCare ProphyCup flares and flexes to the contour of the teeth, aiding in selective stain removal and interproximal cleaning with less pressure and operator fatigue. Its size is optimized for easy access in hard-to-reach areas, without compromising the paste holding capacity. Its unique design is suitable for treatment on adults and children, and it can be used as a substitute for pointed polishers.

Prod No	Product Description
690131	ProphyCare ProphyCup, screw-in, 144 pcs
690132	ProphyCare ProphyCup, latch, 144 pcs



ProphyCare® Single Dose

ProphyCare Single Dose is available in refill packages. Choose ProphyCare after evaluating the degree of discolouration, presence of exposed dentin or cementum, aesthetic and other restorative materials, areas of demineralisation, etc. A general recommendation depending on the clinical situation is to use more than one paste. Start with high abrasiveness (e.g., blue or green) and finish with the less abrasive paste for polishing (e.g., red or yellow).

With our innovative one-step prophylactic pastes – ProphyCare PRO and ProphyCare HAp – you get effective stain removal properties at the beginning of the treatment, then the abrasive effect gradually reduces, giving the paste its final polishing properties at the end of the treatment.

ProphyCare® Single Dose

With adhesive base for efficient and easy handling.



Hygienic workflow

You are always using a freshly sealed package. No risk of cross-contamination, ensuring high hygiene standards for your patient.

Minimized waste

The shallow packaging with rounded edges is designed to minimize waste. All the content can easily be collected by the polishing cup.

Adhesive base

The single dose cup has an adhesive base that easily sticks to the glove or any other surface.

Perfect size

Each package contains the optimal quantity for one treatment.

Prod No	Product Description		
690123	ProphyCare Blue 250, Single dose, 144x 2 g	690103	ProphyCare Blue 250 Paraben free, Single dose, 144x 2 g
690122	ProphyCare Green 170, Single dose, 144x 2 g	690102	ProphyCare Green 170 Paraben free, Single dose, 144x 2 g
690121	ProphyCare Red 120, Single dose, 144x 2 g	690101	ProphyCare Red 120 Paraben free, Single dose, 144x 2 g
690120	ProphyCare Yellow 40, Single dose, 144x 2 g	690100	ProphyCare Yellow 40 Paraben free, Single dose, 144x 2 g
690125	ProphyCare PRO, Single dose, 144x 2 g		
690125	ProphyCare HAp, Single dose, 144x 2 g		

Desensitisation

ProphyCare HAp has a compostion containing hydroxyapatite. The hydroxyapatite blocks the open dentin tubules on the exposed dentin surface resulting in a barrier that contributes to relief from hypersensitivity.

Remineralising

Studies* have shown that products containing hydroxyapatite show better remineralising properties than traditional fluoride products.

Smooth & Creamy

The appealing mild mint taste and smooth & creamy texture is pleasent for patients of all ages.

One Step Procedure

The same paste is used for effective stain removal and gentle final polishing – in one step. ProphyCare HAp’s high cleaning power converts into gentle polishing as the sizes of the particles are fragmented.

*Enamel and dentine remineralization by nano-hydroxyapatite toothpastes, JOD, Volume 39, Issue 6, June 2011, Pages 430-437, study by Peter Tshoppe, Daniela L.Zandim, Peter Martus, Andrej M.Kielbassa

*Randomized, placebo-controlled study of the efficacy of a calcium phosphate containing paste on dentin hypersensitivity, Dent Mater. 2015 Nov;31(11):1298-303. doi: 10.1016/j.dental.2015.08.162. Epub 2015 Sep 8. Study by Deepak Mehta, Vishwas Gowda, Werner J Finger, Keiichi Sasaki

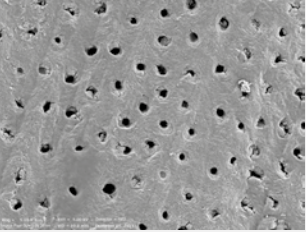
ProphyCare® HAp

With ProphyCare HAp is the new generation of prophy paste, designed to clean and polish while helping to reduce dentin hypersensitivity in one easy step. Its unique formula contains hydroxyapatite, which blocks open dentin tubules on an exposed dentin surface, creating a protective barrier that reduces hypersensitivity. ProphyCare HAp is fluoride-free and paraben-free. Available in tube and single dose.

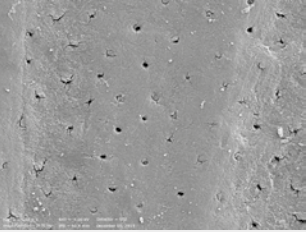
Prod No	Product Description
731117	ProphyCare HAp, tube, 60g
690108	ProphyCare HAp, Single dose, 144x 2 g

Desensitisation

ProphyCare HAp has a composition containing hydroxyapatite. The hydroxyapatite blocks the open dentin tubules on an exposed dentin surface, helping to reduce hypersensitivity. (5KX magnification. Data on file)



Untreated dentin surface



Dentin surface after polishing with ProphyCare HAp

ProphyCare® HAp	
Starter	●
Very discoloured surfaces	
Thick plaque	
Discoloured teeth	●
Universal paste	●
Small amounts of plaque	●
Root surfaces	●
Slightly discoloured teeth	●
Fillings	●
Pediatric	●
Cervical toothbrush abrasion lesions	●
Implants	●
Final polishing	●
After air polishing treatment	●
To be used for polishing after scaling to relive hypersensitivitiy after treatment	●

“Contains hydroxyaptite that contributes to relief from hypersensitivity”



Excellent cleaning effect with minimal abrasion

ProphyCare PRO offers effective stain removal properties at the beginning of treatment and decreases progressively to a lower grit value, giving the paste its final polishing properties at the end of treatment.

One step procedure

ProphyCare PRO is the one-step prophy paste used for achieving excellent cleaning and polishing results, with reduced treatment time. The same paste is used for both stain removal and final polishing.

Remineralising agent

Contains fluoride to remineralize enamel after polishing, thus supporting caries prevention.

Integrated abrasion variability

ProphyCare PRO's high cleaning power converts into gentle polishing as the particles fragment.

ProphyCare® PRO Lilac Universal

ProphyCare PRO is a one-step prophy paste. The same paste is used for stain removal and final polishing offering reduced chairside time. It has effective stain removal properties at the beginning of treatment, and then progressively shifts towards gentle polishing as the particles in the prophy paste fragment. ProphyCare PRO contains fluoride, which helps to remineralise enamel after polishing and thus supports caries prevention. Contains 0.1% fluoride. Available in tube and single dose.

Prod No	Product Description
741111	ProphyCare PRO tube, 84g 60 ml
690125	ProphyCare PRO, Single dose, 144x 2g

ProphyCare PRO		
Starter		●
Very discoloured surfaces		
Thick plaque		
Discoloured teeth		●
Universal paste		●
Small amounts of plaque		●
Root surfaces		●
Slightly discoloured teeth		●
Fillings		●
Pediatric		●
Cervical toothbrush abrasion lesions		●
Implants		●
Final polishing		●
After air polishing treatment		●
To be used for polishing after scaling to relive hypersensitivity after treatment		●

“Integrated abrasion variability, combining plaque removal and polishing”



ContacEZ® Hygienist Strips

An effective stain remover that offers comfort, control and efficiency

ContacEZ Hygienist Strips are non-abrasive, flexible stainless steel strips for effective removal of stains, plaque and discolouration from proximal contact. Use these strips for cleaning of interproximal surfaces with ease and precision without damaging the enamel.

Prod No	Product Description
35108	ContacEZ Hygienist Strip System, 8 pcs
35132	ContacEZ Hygienist Strip System, 32 pcs
35008	ContacEZ Hygienist Strip System Removal Kit*, 8 pcs

*Content ContacEZ Hygienist Strip System Removal Kit:

- 2x ContacEZ Subgingival Blue Narrow Strip
- 2x ContacEZ Subgingival Copper Narrow Strip
- 2x ContacEZ Subgingival Gold Narrow Strip
- 2x ContacEZ Hygienist Pink Strip



Ergonomic Design for Effortless Precision

ContacEZ Hygienist Strips feature an ergonomically designed handle that allows comfortable, single-handed use. The secure grip improves control and precision, reducing the risk of damaging enamel or soft tissue. By minimizing hand strain and fatigue, they make cleaning smoother and faster, while the single-handed operation keeps the other hand free—ideal for efficiency in a busy clinical setting.



Very Thin for Easy Access

ContacEZ Hygienist Strips are very thin and perforated, and target extrinsic discolouration and plaque between teeth without damaging enamel. Only 0.05 mm thick, they are thinner in comparison to dental floss.

Plac-o-Tect™

Colors plaque made visible with UV-light

Plac-o-Tect Plaque disclosing agent is specially formulated so that is only visible when exposed to UV-light. Plac-o-Tect is a simple and innovative way of demonstrating oral hygiene. The patients clearly see the results after the teeth have been cleaned. Invisible when the patient leaves the practice.

Prod No	Product Description
611450	Plac-o-Tect, refill, 1x 200 pc



Rondells Blue and Rondells Red

Disclosing pellets

A convenient and cleaner way of applying disclosing solution. Simply rub the tooth surface with pre-soaked pellets and plaque will appear. Rondell blue is a bitonal plaque detector: new plaque, younger than 3 days, is coloured red, whilst older, more dangerous plaque is coloured blue. Both are easily brushed off, leaving a mild taste of peppermint. The dual-revealing colours are designed to educate patients and increase their compliance.

Prod No	Product Description
733552	Rondells, red, 100 pcs
733553	Rondells, blue, 100 pcs



Design By Dentists

Directa's products are developed, tested and evaluated by our selected team of highly-qualified and renowned Swedish and international dental professionals. The aim is to make life easier for all dental professionals in their daily clinical work.

DIRECTA



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