

The familiar remains.
The selection grows.

Now
with new
flavours

VivaDent®
Polishing Paste

Proxyt is now called VivaDent®.

Smart choice. Expert results.

The VivaDent® Polishing Paste line makes professional polishing simple, efficient and intuitive.

Why polishing matters

A polished tooth surface is not only easier to clean but also minimizes the adhesion of bacteria, promoting long-term oral health.

- ✓ Reduces plaque accumulation by creating a smooth surface ^[1]
- ✓ Lowers the risk of gingivitis, periodontitis and peri-implantitis ^[2]
- ✓ Improves esthetic appearance and reduces staining from food and beverages ^[3]
- ✓ Promotes oral hygiene: Surfaces with a roughness greater than 0.2 µm are clearly more susceptible to bacterial adhesion ^[4]



[1] Axelsson P, Lindhe J. (1981). Effects of controlled oral hygiene procedures on caries and periodontal disease in adults. J Clin Periodontol, 8:239-248.
[2] Löe H. (1967). The Gingival Index, the Plaque Index and the Retention Index Systems. J Periodontol, 38(6):610-616.
[3] Quirynen M, et al. (1988). The effect of surface roughness and surface-free energy on supra- and subgingival plaque formation in man. J Clin Periodontol, 15:37-44.
[4] Rohym M. (2023). Influence of surface texture on stain resistance. Compend Contin Educ Dent, 44(2):85-91.

Creamy consistency for precise application – with a low-splatter formula.

Fine (RDA 75^[5])
For sensitive surfaces and premium-quality restorations



Medium (RDA 118^[5])
For effective cleaning in everyday practice



Medium Fluoride Free (RDA 118^[5])
For fluoride-free treatments and sensitive patient groups



Coarse (RDA 171^[5])
For the targeted removal of heavy staining and stubborn discolourations



[5] RDA value according to ISO 11609:2017

Gentle yet effective cleaning.

VivaDent® Polishing Paste Fine – a comparison

Choosing the right polishing paste is key for maintaining the long-term quality and esthetic appearance of restorative materials. With composite surfaces in particular, excessive abrasive wear may cause permanent damage, reducing gloss and longevity and increasing biofilm adhesion.

Abrasive effect of prophy pastes on composite materials

	Control*	Proxyl Fine*	Proxyl Coarse*	Nupro Fine	Clinpro Fine	Cleanic
200x						
500x						

*Proxyl Fine and Proxyl Coarse are identical to VivaDent Polishing Paste Fine and VivaDent Polishing Paste Coarse.

Current SEM images (scanning electron microscopy) show that: VivaDent Polishing Paste Fine delivers an especially smooth, almost scratch-free surface – even when compared to other customary products on the market. While other prophy pastes result in visible scratches, VivaDent Fine leaves the surface structure virtually untouched, ensuring maximum surface integrity and an unblemished finish.

Your benefits at a glance:

- Minimal wear – maximum protection
- Ideal for high-quality composite resins, restorations and sensitive materials
- Scientifically supported by evidence from SEM^[7] studies

Polish and protect – with VivaDent® Polishing Paste Fine.

[7] Lendenmann U. SEM evaluation of VivaDent Polishing Paste Fine on titanium, composites and ceramics. Internal study, Ivoclar R&D, Schaan, 2021. In: Scientific Report Vol. 06/2025.

The difference lies in the microstructure.

VivaDent® Polishing Paste Fine stands out for its gentle, uniform particles

Abrasive particles in prophy pastes

	Proxyl Fine*	Clinpro Prophy Fine	Nupro Fine	Cleanic
50x				
1000x				

*Proxyl Fine is identical to VivaDent Polishing Paste Fine.

Scanning electron microscope images clearly show that not all polishing pastes are the same. While conventional products such as Cleanic, Nupro or Clinpro comprise coarse particles with sharp edges and irregular shapes, VivaDent Polishing Paste Fine (formerly Proxyl Fine) features a homogeneous and rounded particle structure.

The result:

- Gentle polishing action without scratching
- Controlled abrasive action with maximum surface protection
- Ideal for polishing sensitive materials such as composite resins, ceramics or titanium

With its gentle texture and effective cleaning action, VivaDent Polishing Paste Fine is the preferred choice for modern preventive care – scientifically supported and clinically proven.



Polishing – as you like it

Apple

Fruity, fresh and popular with children and adults: Apple-flavoured VivaDent Polishing Paste provides a pleasant treatment experience – especially for patients with sensitive taste buds. Available in all levels of abrasiveness to suit every need.

Mint

The classic with a fresh kick: Mint-flavoured VivaDent Polishing Paste leaves a clean, fresh feeling in the mouth and is ideal for dental care in adults. Clinically proven and safe for use on implants and restorations.

Bubblegum

The favourite for children and adults alike: Bubblegum-flavoured VivaDent Polishing Paste combines a child-friendly taste with professional cleaning. Ideal for prophylactic care in paediatric dentistry: splatter-free, gentle and effective.

NOW in three new flavours: Mint, Apple and Bubblegum

Delivery forms

Single dose:

Flavour	Abrasion level		
	Fine	Medium	Coarse
Apple	760115	760120	–
Bubblegum	760116	–	760117
Mint	761380	–	761381
Fluoride-free	–	760119	–

Tube:

Flavour	Abrasion level		
	Fine	Medium	Coarse
Apple	759502	759516	759518
Bubblegum	759515	759517	759519
Mint	761376	761377	761379
Fluoride-free	–	761378	–



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